Cautiously but positively, with movement \( j = 112 \)

Promise of day break veiled in the early mist, hidden in shadows that cling to the night.

Earth turning slowly toward a new journey into the morning unknown, beyond sight.

Words: Jennifer Henderson

Music: Liz Lane

Spirit of Africa
Bird song dispelling the silence of waiting, lifting the darkness with wings taking flight;

B.

spray from the waterfall showering diamonds, carving the rock face with ribbons of white.

D

B.

spray from the waterfall showering diamonds, carving the rock face with ribbons of white.

T.

white:

B.

T.

white:
The image contains sheet music with the text "positively, expressively". There are no visible lyrics or specific musical instructions. The music appears to be for a choir, with parts labeled A, B, T, and S. The music is marked with dynamic and articulation symbols such as "mf" (mezzo-forte) and "mp" (mezzo-piano). The percussion parts are labeled Perc. 1 and Perc. 2 with soft sticks and brushes or rods, respectively. The overall style suggests a spiritual or inspirational piece with phrases like "is the air in the breath of the morning, spirit of purity, radiant light!"
Dance, my friends, dance with the Earth, dance with the spring time of the year’s rebirth; dance with the sun, lightly, as a dance, almost waltz-like.

Spoken lightly, almost whispered, expressive.

Dance, my friends, dance with the Earth, dance with the spring time of the year’s rebirth; dance with the sun, lightly, as a dance, almost waltz-like. 

Spoken lightly, almost whispered, expressive.

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Spoken lightly, almost whispered, expressive.

Dance, my friends, dance with the Earth, dance with the spring time of the year’s rebirth; dance with the sun, lightly, as a dance, almost waltz-like. 

Spoken lightly, almost whispered, expressive.
Sing, my friends, sing with the hills, sing with the river - the rain cloud fills; sing with the green grass, sing with the trees, sing with the birds and the fish in the seas.
Joyfully!

Love, my friends, love all the living, love the whole world and the goodness of

Joyfully!

Love, my friends, love all the living, love the whole world and the goodness of

Joyfully!

Love, my friends, love all the living, love the whole world and the goodness of

Joyfully!

Love, my friends, love all the living, love the whole world and the goodness of

Joyfully!
lightly (as before)

love with the spirit of joy in your hearts!

lightly (as before)

love with the spirit of joy in your hearts!

lightly (as before)

love with the spirit of joy in your hearts!

Perc. 1

(Timpani)

poco rit.

Omit these bars if performed without percussion

Perc. 2

(Tom-Toms)

poco rit.

Omit these bars if performed without percussion

Perc. 3

(Drum Kit)

poco rit.

Omit these bars if performed without percussion

Perc. 1

(Timpani)

poco rit.

Omit these bars if performed without percussion

Perc. 2

(Tom-Toms)

poco rit.

Omit these bars if performed without percussion

Perc. 3

(Drum Kit)

poco rit.

Omit these bars if performed without percussion

Perc. 1

(Timpani)

poco rit.

Omit these bars if performed without percussion

Perc. 2

(Tom-Toms)

poco rit.

Omit these bars if performed without percussion

Perc. 3

(Drum Kit)
Our world is set in endless motion, spinning at a breathless pace, whirling, twirling, ever turning round the burning sun in space, ever planet rolling, bowling, in an ever-lasting race.

(All notes held within pedal)
Here on earth the hours grow hazy: -
all the living -
rolling, bowling, in an everlasting race.
Here on Earth the hours grow hazy: -
all the living -
in an everlasting race.

Solo S.
Pno. 2

Here on earth the hours grow hazy: -
all the living -
resting, laziness:
shelter from the midday sun, seeking somewhere -
doing, sleeping -
everyone
Solo S.

Waiting for the heat to fade.

Pno.

But

Simile

Con moto, expansive

Perc. 2

(Bass Drum)

(L.H., bell-like)
the journey continues from birth until death.

Like the stars in the heavens, so, under the skin runs the blood of our forebears, the blood of our kin.

As the wind from the hills and the flood on the plains, waiting or dreaming, for all who have breath waiting or dreaming, for all who have breath waiting or dreaming, for all who have breath waiting or dreaming, for all who have breath...
With movement \( \dot{=} \) 60

They have travelled all day long on the dusty track to the pool.

With their

With their

With their

With their

With their
Solo 5.

light fades, and the sky is a flame with golden yellow, their rippled reflections dapples the water.

Perc. 2

lightly

Perc. 1

But listening, some instinct warning there might be danger waiting so close

lightly

Solo 5.

light fades, lightly

Perc. 1

lightly

light fades, lightly

Perc. 1

lightly, crispily

(Timpani)
they pause on the very brink
demands that all at sun down may drink.

(Plus only if helpful for performance)

smoothly

justice demands that all at sun down may drink.

break

smoother but with definition

(Timpani)
Cautiously but positively, with movement $q = 112$

Nightfall: darkness suddenly descending, the final curtain at the day’s ending.

Hunter stalks hunted, secrecy and fear lurk in the shadows while the stars appear.

The world is sleeping, turned away from light, enveloping all the creatures of the night.

Play ad lib - like the sound of distant war drums dying away (rhythm can go out of synchronisation with the piano)

(Timpani)
What dramas play unseen, what tales are told
no one hears what tragedies unfold?

But the earth wakes, the journey never ends, turning from darkness when the sun ascends.

The earth wakes, the journey never ends, turning from darkness when the sun ascends.

Expressively

Expressively

Expressively

Expressively

What dramas play unseen, what tales are told
no one hears what tragedies unfold?

But the earth wakes, the journey never ends, turning from darkness when the sun ascends.

The earth wakes, the journey never ends, turning from darkness when the sun ascends.
spirit of unity, promise of peace!

hope a new day brings shall never cease, spirit of unity, promise of peace! The

positively

new day, spirit of unity, promise of peace!

Solo 5.

S.

A.

T.

B.

Ventilator

V

Positively

Perc. 1

Perc. 2

Perc. 3

Solo 5.

S.

A.

T.

B.

Ventilator

V

Positively

Perc. 1

Perc. 2

Perc. 3

Positively
Perc. 1

[Drum Kit]

Perc. 2

[Tom-Toms]

Perc. 3

[Drum Kit]

Solo 5

Omit these bars if performed without percussion

poco rit.

Omit these bars if performed without percussion

poco rit.

Omit these bars if performed without percussion

poco rit.

[Drum Kit]

Perc. 1

[Drum Kit]

Perc. 2

[Drum Kit]

Perc. 3

[Drum Kit]

Solo 5

Omit these bars if performed without percussion

poco rit.

Omit these bars if performed without percussion

poco rit.

Omit these bars if performed without percussion

poco rit.

[Drum Kit]

Perc. 1

[Drum Kit]

Perc. 2

[Drum Kit]

Perc. 3

[Drum Kit]