Student feedback\(^1\) February 2015

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The Intervention Initiative has been extremely well-received by level 1 students in Law.

**Learning outcomes**
On a scale of 1 to 5 with 5 being excellent ALL learning outcomes achieved an average score of more than 4.

**Programme design and facilitation**
On a scale of 1 to 5 with 5 being excellent ALL questions about the programme design and facilitation achieved an average score of more than 4.\(^2\)

There were no striking differences in feedback by gender.

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\(^1\) Based on data collected from 213 feedback forms

\(^2\) Except one question on length of programme and sessions which scored 3.98. The feedback indicates some students thought the programme or sessions too short and some thought they were too long. Additionally, some commented on the gap between sessions being too long at times.
Learning outcomes
Students were asked to circle numbers from 1 (definite no / not good) to 5 (definite yes /excellent)

<table>
<thead>
<tr>
<th>Objectives: I feel that the programme met its objectives of assisting me to:</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understand that sexual and domestic violence are a serious problem in society and in student populations</td>
<td>4.75</td>
</tr>
<tr>
<td>Learn and understand bystander intervention theory</td>
<td>4.58</td>
</tr>
<tr>
<td>Improve my knowledge about rape and sexual assault</td>
<td>4.50</td>
</tr>
<tr>
<td>Understand the stages for bystander intervention from noticing to acting</td>
<td>4.46</td>
</tr>
<tr>
<td>Understand that individuals can often be mistaken about others’ beliefs and values (social norms theory)</td>
<td>4.46</td>
</tr>
<tr>
<td>Recognise the links between sexist attitudes, discriminatory practices and gender based violence</td>
<td>4.40</td>
</tr>
<tr>
<td>Be familiar with intervention strategies</td>
<td>4.38</td>
</tr>
<tr>
<td>Improve my knowledge about domestic abuse</td>
<td>4.38</td>
</tr>
<tr>
<td>Be motivated to be a committed active bystander speaking out against violence</td>
<td>4.34</td>
</tr>
<tr>
<td>Identify that gender identities are socially constructed and socially policed</td>
<td>4.23</td>
</tr>
<tr>
<td>Increase the likelihood that I will use intervention strategies in my everyday life</td>
<td>4.20</td>
</tr>
<tr>
<td>Know where to go for help and / or support in cases of rape, assault or abuse</td>
<td>4.17</td>
</tr>
<tr>
<td>Be confident to use intervention strategies in my everyday life</td>
<td>4.13</td>
</tr>
<tr>
<td>Improve my communication and leadership skills for the future</td>
<td>4.07</td>
</tr>
</tbody>
</table>

Programme design and facilitation
Students were asked to circle numbers from 1 (definite no / not good) to 5 (definite yes /excellent)

<table>
<thead>
<tr>
<th>Programme design and facilitation</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>The facilitator(s) of the programme did a good job teaching and supporting me</td>
<td>4.62</td>
</tr>
<tr>
<td>Was the course appropriate and relevant to student life?</td>
<td>4.45</td>
</tr>
<tr>
<td>Did the programme make sense to you?</td>
<td>4.43</td>
</tr>
<tr>
<td>Did you feel that seminar group sessions were the appropriate structure for delivery of the course?</td>
<td>4.39</td>
</tr>
<tr>
<td>Would you recommend this programme to others?</td>
<td>4.38</td>
</tr>
<tr>
<td>Was the programme clearly structured (i.e. did the right material come in the right order)?</td>
<td>4.36</td>
</tr>
<tr>
<td>The content of the programme was inclusive (i.e. of people from all backgrounds)</td>
<td>4.30</td>
</tr>
<tr>
<td>The length of the programme and of each session was about right</td>
<td>3.98</td>
</tr>
</tbody>
</table>
Here is an example of an Intervention made on Facebook by a student:

I'm doing something at Uni called the Intervention Initiative and this is exactly the type of thing that we're looking at. If you make jokes like this, yes people laugh, but you don't know how many people in that crowd are getting the feelings that they want to rape someone or commit sexual assault and laughing at these types of jokes 'spurs them on' in a sense, and makes them feel that these feelings are ok. I completely get that he's making a living by creating these jokes, but the consequences are not thought about!
Students said about the programme:

- “The programme was very helpful in allowing me to gain the knowledge and confidence in assisting me to act more efficiently in future incidents. The programme was also very realistic with content that was very much related to student life as well as life outside of university.”

- “Very glad to have been one of the first few students involved within this programme. The issues raised are ones that we need to change and I believe this is the perfect way to start addressing them, especially at university.”

- “Really important information & course, I appreciate the awareness it is bringing to rape and domestic abuse.”

- “At first I didn’t like the sound of the course, however when completing it found it really helpful and relatable.”

- “The programme was really beneficial and important, because often these issues are forgotten by certain people as they aren’t directly affected by it. But this programme helps to remind people that these issues are real & relevant in society & it helped to inform people on how to deal with situations and have confidence to make a difference.”

- “I think it’s a good topic to learn and educate young people about so we can be active bystanders. I think it needs to be broadcasted more in uni and the community so more people are aware and can partake.”

- “Wishing this was a full module. Programme needs to spread across the country and into schools. Target at sixth form age groups or even 15-16 year olds as a preventative tool. (Although I’m sure this will become a countrywide initiative)...”

- Interesting, greater understanding of rape culture / domestic violence and how one can safely intervene.

Students said about the facilitators:

- “Very supportive in all sessions and created a safe place where I felt equal and could share what I wanted.”

- “I enjoyed the lessons and the facilitator did a great job in making everyone feel comfortable”

- “Very professional, very sensitive”

- “Very interesting and understanding. Made the students engage and be interested in the topic.”
Fig 1 Overall learning outcomes

Understand that sexual and domestic violence are a serious problem in society and in student populations

Learn and understand bystander intervention theory

Improve my knowledge about rape and sexual assault

Understand the stages for bystander intervention from noticing to acting

Understand that individuals can often be mistaken about others’ beliefs and values (social norms theory)

Recognise the links between sexist attitudes, discriminatory practices and gender based violence

Be familiar with intervention strategies

Improve my knowledge about domestic abuse

Be motivated to be a committed active bystander speaking out against violence

Identify that gender identities are socially constructed and socially policed

Increase the likelihood that I will use intervention strategies in my everyday life

Know where to go for help and / or support in cases of rape, assault or abuse

Be confident to use intervention strategies in my everyday life

Improve my communication and leadership skills for the future

Scores:

- Understand that sexual and domestic violence are a serious problem in society and in student populations: 4.75
- Learn and understand bystander intervention theory: 4.58
- Improve my knowledge about rape and sexual assault: 4.50
- Understand the stages for bystander intervention from noticing to acting: 4.46
- Understand that individuals can often be mistaken about others’ beliefs and values (social norms theory): 4.46
- Recognise the links between sexist attitudes, discriminatory practices and gender based violence: 4.40
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- Identify that gender identities are socially constructed and socially policed: 4.23
- Increase the likelihood that I will use intervention strategies in my everyday life: 4.20
- Know where to go for help and / or support in cases of rape, assault or abuse: 4.17
- Be confident to use intervention strategies in my everyday life: 4.13
- Improve my communication and leadership skills for the future: 4.07
Fig 2 Learning outcomes by gender

- Understand that sexual and domestic violence are a serious problem in society and in student populations
- Learn and understand bystander intervention theory
- Improve my knowledge about rape and sexual assault
- Understand the stages for bystander intervention from noticing to acting
- Understand that individuals can often be mistaken about others’ beliefs and values (social norms theory)
- Recognise the links between sexist attitudes, discriminatory practices and gender based violence
- Be familiar with intervention strategies
- Improve my knowledge about domestic abuse
- Be motivated to be a committed active bystander speaking out against violence
- Identify that gender identities are socially constructed and socially policed
- Increase the likelihood that I will use intervention strategies in my everyday life
- Know where to go for help and / or support in cases of rape, assault or abuse
- Be confident to use intervention strategies in my everyday life
- Improve my communication and leadership skills for the future
The Intervention Initiative - www.uwe.ac.uk/interventioninitiative

**Fig 3 Programme design and facilitation**

- **The facilitator(s) of the programme did a good job teaching and supporting me**: 4.62
- **Was the course appropriate and relevant to student life?**: 4.45
- **Did the programme make sense to you?**: 4.43
- **Did you feel that seminar group sessions were the appropriate structure for delivery of the course?**: 4.39
- **Would you recommend this programme to others?**: 4.38
- **Was the programme clearly structured (i.e. did the right material come in the right order)?**: 4.36
- **The content of the programme was inclusive (i.e. of people from all backgrounds)**: 4.30
- **The length of the programme and of each session was about right**: 3.98
Fig 4 Programme design and facilitation by gender

- The facilitator(s) of the programme did a good job teaching and supporting me
- Was the course appropriate and relevant to student life?
- Did the programme make sense to you?
- Did you feel that seminar group sessions were the appropriate structure for delivery of the course?
- Was the programme clearly structured (i.e. did the right material come in the right order)?
- Would you recommend this programme to others?
- The content of the programme was inclusive (i.e. of people from all backgrounds)
- The length of the programme and of each session was about right

Female - n=148
Male - n=62
Prefer not to say / transgender / other - n=3
### Fig 5 Gender

<table>
<thead>
<tr>
<th></th>
<th>Female</th>
<th>Male</th>
<th>Trans</th>
<th>Other</th>
<th>Prefer not to say</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of students who have given feedback</td>
<td>148</td>
<td>62</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>213</td>
</tr>
</tbody>
</table>

### Fig 6 Average sessions attended out of eight

<table>
<thead>
<tr>
<th></th>
<th>Female</th>
<th>Male</th>
<th>Other / Prefer not to say</th>
<th>Overall average</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>7.49</td>
<td>6.91</td>
<td>8.00</td>
<td>7.33</td>
</tr>
</tbody>
</table>

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