The Research Challenge: Encouraging Evidence-Informed Practice

Authors: Agnes T. Black, RN, MPH  Charlene Ronquillo, RN, MSN  Karmjit Kaur Sandhu, RN, MN

Goals of the Research Challenge:
• Promote evidence-informed practice
• Increase employee engagement
• Improve patient care

The Research Challenge provides an opportunity for point of care staff to engage in research by offering:
• Support for knowledge translation of findings
• Research methods workshops
• Mentorship
• Funding

Providence Health Care
Practice-Based Research Challenge

25 teams funded

Knowledge Translation:
The teams funded in 2011 have submitted 14 conference abstracts, conducted three local presentations, and will present at the December 3rd PHC Interprofessional Research Conference

Includes evaluation of effects of participation

Support from:
• PHC Research Institute
• BCNU
• PHC Professional Practice office
• UBC School of Nursing

"What a way to shape nursing practice right at the bedside! ...The Research Challenge is a unique opportunity to ‘do it right’...At the end of the day the deliverable is the nurses’ increased research capacity."
- Sandra, Mentor

"The Research Challenge is super important for nurses...nursing knowledge can be difficult to quantify...The Research Challenge gives nurses an opportunity to say ‘This is what’s important for my practice.’"
- Ann, Nurse and Team Member

Fraser Health Authority
Point of Care Research Challenge

Research focus is on nursing outcomes

5 teams funded in 2 competitions. Projects from Renal Services; Neurosciences; Cardiac Services; and Maternal, Infant, Child, and Youth

Teams have presented at national and local conferences and are preparing for publication

Includes 2 full day research workshops involving:
• Nursing Research Facilitator
• Epidemiologist
• Grant Development Facilitator

"But we just have learned so much. We’ve learned things we could never have learned reading a textbook so it’s been awesome for that!"
- Tammy, RN and Year 1 Principal Investigator

"Research takes on new meaning when you become part of it. We are contributing new knowledge that can potentially influence a change in practice."
- Alex, RN, Principal Investigator

Acknowledgements:
Providence Health Care: Thanks to the Research Challenge Organizing Committee (Cindy Garossino, Lynda Bahnawan, Shelley Fraser and Pam Ratner), Wilma Chang, the Providence Health Care Research Institute, PHC Professional Practice Office, BCNU and the UBC School of Nursing.

Fraser Health: Thanks to FH Professional Practice & Integration and the Department of Research and Evaluation Services for the planning, funding, and organization of the FH Point of Care Research Challenge.

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