**Title page**

**Manuscript category:** Review Article.

**Title:** What activities might facilitate personal recovery for adults who continue to self-harm? A meta-synthesis employing CHIME.

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**University:** University of the West of England.

**Authorship statement:** Kris Deering is the first author and wrote the paper, while the second author Dr Jo Williams assisted the first author. Both authors agree with this statement.

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**Acknowledgements:** Kris Deering and Dr Jo Williams have no affiliations other than with the University of the West of England. Dr Jo Williams (second author) mentored Kris Deering with writing the article, otherwise no other acknowledgements identified.

**Disclosure statement:** No conflict of interests identified.

**Word count:** 6729